

# Prayerful Chain

Issue No 1

February 2007



## Prayer to Eliminate Fear

O Mother of God, if I place my confidence in you, I shall be saved.

If I am under your protection, I have nothing to fear, for the fact of being your child is the possession of a certainty of salvation, which God grants only to those He intends to save.

*St. John Damascene, Doctor of the Church c749*

This Newsletter is FREE for Internet users and is produced to promote the power of the Holy Rosary and the importance of prayer. Articles will include messages regarding the Holy Rosary from authenticated and unauthenticated visitations of Our Lady

This ministry began on [www.prayerfulwoman.com](http://www.prayerfulwoman.com) and this Newsletter intends to compliment articles you find on the website.

So pass this Newsletter on to your friends and let us know what you think.

We are happy to add prayer requests, topics etc. Hence the title 'Prayerful Chain.' If successful this Newsletter will be published every three months.

Contact us on: [prayerful.woman@ntlworld.com](mailto:prayerful.woman@ntlworld.com) suggestions and input will be welcome!!

Our Lady is believed to have visited, Mama Rose in San Damiano, Italy, between 1961 – 1981.

Here is one of the messages given to Mama Rose with regard to the importance of the Holy Rosary. (*The official situation is the Local Bishop has given a negative judgement on the alleged apparitions*). Yet one cannot fail to see the power of this message!!

### Extracts from a message of 25<sup>th</sup> April 1969

**Be strong in the faith because the struggles will always become more ferocious, but if you are firm in your faith you will win the victory. Always stay united under my mantle and do not fear. Speak, pray offer. Speak about me a lot pray a lot with the Rosary, because it is such a powerful weapon for obtaining the victory. Be strong and do not be afraid because you have your Heavenly Mother at your side and I am powerful. I have everything to save my children.**

**Go and speak with the Rosary in your hands, with Jesus in your heart and bring about the triumph of my motherly heart which suffers so much for my children especially my chosen sons (priests) who do not want to recognise me as the Mother and Queen of the entire world.**

## Did You Know?

- Leo X. was the first Pope to give the Rosary approbation in 1520.
- This was approved in 1569 by Pope Pious V. He believed the Rosary helps to overcome difficulties, wars and other calamities; the simplicity of the Rosary is a prayer within the reach of all; the help the Rosary has been against heresies; the instrumentality of the Rosary in many conversions. The recitation of the rosary is therefore commended to all. Pope Pious also attributed the decisive victory of the Christian fleet over the Turks at Lepanto in 1571 to Our Lady of Victory through the power of the rosary.

## CONSECRATION TO MARY

My Queen and my Mother, I give myself entirely to you; and to show my devotion to you, I consecrate to you this day my eyes, my ears, my mouth, my heart, my whole being without reserve. Wherefore, good Mother, as I am your own, keep me, guard me, as your property and possession. Amen.

### Chaplet Prayer to be prayed on an ordinary rosary

#### Chaplet in Praise of the Blessed Virgin Mary – in Reparation for Blasphemy

At the beginning of the Rosary, the "Creed" and "Our Father" is replaced with:

"Mary, my Immaculate Mother, I desire to offer thee reparation for the offenses which thy Immaculate receives from the horrible blasphemies which are uttered against thee. I offer thee these praises to console thee for so many ungrateful children who do not love thee, and to console the Heart of thy Divine Son who is deeply offended by the insults offered to thee. Receive, my Purest Mother, this little act of homage. Make me love thee more each day and look with pity on those blasphemers that they may not delay to cast themselves into thy maternal arms. Amen."



On the each of what would be the 'Our Father, 'bead (beginning on which would be the 1<sup>st</sup> Mystery bead) say:

"Grant that I may praise thee, O Holy Virgin! Give me strength against thy enemies!"

On the 10 small beads is prayed once each of the 10 following praises:

1. Blessed be the Great Mother of God, Mary Most Holy!
2. Blessed be her Holy and Immaculate Conception!
3. Blessed be her Glorious Assumption!
4. Blessed be the Name of Mary, Virgin and Mother!
5. Blessed be her Immaculate Heart!
6. Blessed be her Virginal Purity!
7. Blessed be her Divine Maternity!
8. Blessed be her Universal Mediation!
9. Blessed be her Sorrows and her Tears!
10. Blessed be the graces with which the Lord crowned her Queen of Heaven and Earth!"

At the end of each set of 10 beads, say the following prayer:

"Glory be to Mary, Daughter of the Father!  
Glory be to Mary, Mother of the Son!  
Glory be to Mary, Spouse of the Holy Spirit!"

Concluding Prayer: (Pray the prayer below one each of the 5 beads between the junction and the crucifix.)



## The Power of One Hail Mary

Hail Mary,  
Full of Grace,  
The Lord is with Thee.  
Blessed art Thou among women,  
and Blessed is the Fruit  
of Thy Womb, Jesus.  
Holy Mary,  
Mother of God,  
pray for us sinners now,  
and at the hour of death.  
Amen.

Many of Catholics often say the Hail Mary, rather hastily as though they are not even thinking on the words they are saying. So these following words may help some to pray it more thoughtfully:

- One Hail Mary well said fills the heart of Our Lady with delight and obtains for us indescribably great graces. One Hail Mary well said gives us more graces than a thousand thoughtlessly said.
- The Hail Mary is like a mine of gold that we can always take from but never exhaust. Is it hard to say the Hail Mary well? All we have to do is to know its value and understand its meaning.
- St. Jerome tells us that "the truths contained in the Hail Mary are so sublime, so wonderful that no man or Angel could fully understand them."
- St. Mechtilde, who loved our Lady very much, was one day striving to compose a beautiful prayer in her honour. Our Lady appeared to her, with the golden letters on her breast of: "Hail Mary full of grace." She said to her: "Desist, dear child, from your labour for no prayer you could possibly compose would give me the joy and delight of the Hail Mary."
- A certain man found joy in saying slowly the Hail Mary. The Blessed Virgin in return appeared to him smiling and announced to him the day and hour that he should die, granting him a most holy and happy death. After death a beautiful white lily grew from his mouth having written on its petals: "Hail Mary."
- Cesarius recounts a similar incident. A humble and holy monk lived in the monastery. His poor mind and memory were so weak that he could only repeat one prayer which was the "Hail Mary." After death a tree grew over his grave and on all its leaves was written: "Hail Mary."
- Each time that we say the Hail Mary we are repeating the very same words with which St. Gabriel the Archangel saluted Mary on the day of the Annunciation, when she was made Mother of the Son of God.
- Many graces and joys filled the soul of Mary at that moment.

- Now when we say the Hail Mary we offer anew all these graces and joys to Our Lady and she accepts them with immense delight. In return she gives us a share in these joys.
- So with our dearest Mother, she accepts from us each time we say the Hail Mary the joys and delight she received from the words of St. Gabriel.
- Almighty God gave His Blessed Mother all the dignity, greatness and holiness necessary to make her His own most perfect Mother. But He also gave her all the sweetness, love, tenderness and affection necessary to make her our most loving Mother. Mary is truly and really our Mother. As children when in trouble run to their mothers for help, so ought we to run at once with unbounded confidence to Mary.

**The following show the power of the prayer in relation to conversion**

- Dr. Hugh Lammer was a staunch Protestant, with strong prejudices against the Catholic Church. One day he found an explanation of the Hail Mary and read it. He was so charmed with it that he began to say it daily. Insensibly all his anti-Catholic animosity began to disappear. He became a Catholic, a holy priest and a professor of Catholic Theology in Breslau.
- A priest was called to the bedside of a man who was dying in despair because of his sins. Yet he refused obstinately to go to confession. As a last recourse the priest asked him to say at least the Hail Mary after which the poor man made a sincere confession and died a holy death.
- In England, a parish priest was asked to go and see a Protestant lady who was gravely ill, and who wished to become a Catholic. Asked if she had ever gone to a Catholic Church, or, if she had spoken to Catholics, or if she had read Catholic books? She replied, "No, no." All she could remember was that-----when a child----- she had learned from a little Catholic neighbour girl the Hail Mary, which she said every night. She was Baptized and before dying had the happiness of seeing her husband and children Baptized.
- St. Gertrude tells us in her book, "Revelations" that when we thank God for the graces He has given to any Saint, we get a great share of those particular graces. What graces, then, do we not receive when we say the Hail Mary while thanking God for all the unspeakable graces He has given His Blessed Mother?
- A group of three Protestant women fell in love with the Holy Rosary, when they heard the Hail Mary prayed slowly and realised part of it was taken directly from St. Luke's Gospel.

**Written & Produced by: Prayerful Woman, England U.K**

Anyone wanting to submit articles or prayers can email at the address on the front page.